



SA POWERLIFTING CHAMPIONSHIPS

THIS IS AN ENTRY FORM. NOT A FORM TO SEND ME A LIST OF YOUR
AFFILIATED MEMBERS

Date: FRIDAY 22 JUNE AND SATURDAY 23 JUNE 2012
Place: OXYGEN, PRETORIA
Time: 9:00 (TO BE CONFIRMED)
Weigh In: 78:00 to 9:30 (TO BE CONFIRMED)
Contact: Helgard 072 301 7420
Entry Fee: R250 per Lifter – XTRA CATEGORY R 100
T-Shirt: R 85.00
Banquet R 150 per person

DEPOSIT ALL MONIES IN GAUTENG POWERLIFTING ACCOUNT, ABSA ACC NR 404 243 8085

*ALL BANQUET AND T-SHIRT MUST BEORDERED AND PAID BY 25 MAY 2012

*ENTRIES MUST BE PAID BY 6 JUNE 2012

LATE ENTRIES WILL BE ALLOWED AT R 500 PER LIFTER

*PROVINCES MUST ENSURE THAT ALL LIFTERS ARE AFFILIATED AND HAVE QUALIFIED

*NO AFFILIATION OR ENTRY FEE = NO COMPETITION!!

Please fax all entry forms to 086 654 6978 or mail to helgard@oxygengym.co.za

Club: _____

Manager: _____

Coach: _____

Referees (Available): _____

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